

Grapevine

A Minister's Moment

Then the Spirit led Jesus up into the wilderness ...

Matthew 4:1



Are you a Christmas or Easter person? If I could take a survey, my guess would be that most people will answer Christmas. If you went into my garage and tried to judge my answer to that based on how many bins of decorations I have for each

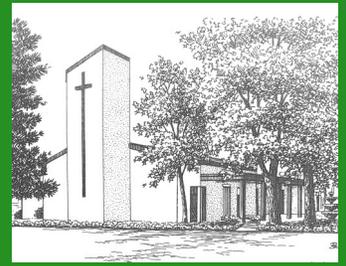
holiday, you would probably guess that my answer would be Christmas. But you would be wrong. I am an Easter person. In fact of all the seasons of the church year, Lent leading up to and including Easter is my favorite time in the church calendar (and it's not because my favorite color is purple either). Maybe it comes from growing up in a very liturgical Episcopal church with all of the ritual and symbolism. However, I suspect it is something more. Since childhood I have been drawn to introspection and felt God's presence in my life. Later, it did not always feel that way. There were definitely times, especially during times of difficulty or doubt when God seemed very far away. And yet God would not let me go and in fact pursued me to the point of calling me to Ordained ministry.

It is easy especially in this time we find ourselves distracted by life that goes on around us. Whether it is world events, politics, making a living, social media and more, there is always something that wants to call us away from God. Lent is a time where we can re-focus, re-group, re-new, and maybe minimize a distraction or two that takes us away from hearing God's voice. This Lent, we are reading the Good and Beautiful God in small groups. In the first chapter of the book, James Bryan Smith talks about transformation not being an act of our own will but indirectly through changing our narratives about how life is or how it "should be". One aspect of changing our narratives is to spend time every day doing what Smith calls soul training or spiritual disciplines, focusing ourselves body, mind, and soul in various ways so that we might draw closer to God. Whether you use these materials or something of your own choosing, my prayer is that you will feel God's presence in a new and deep way as you observe a Holy Lent-

Peace,
Pastor Claire



GOING ON AROUND NORTHKIRK



Committee Nights

WE NEED YOU to come join us at committee night!!! Come out and check out our committees – see what's going on, and join in. We need everyone's help to make Northkirk a vibrant congregation. We meet the second Tuesday of the month, that's March 10th at 6:30 in the sanctuary.

Holy Week

Palm Sunday will be on Sunday, March 29th. We will host a Soup Supper on Maundy Thursday, April 2nd in Baird Hall at 5:30 pm. Sign up to bring a dish to share. The sign up sheet can be found at the back of the sanctuary. Service will be at 7pm. Good Friday service will be on Friday, April 3rd at 6pm. Easter is on Sunday, April 5th. Invite friends and family to our Holy Week services, we look forward to seeing some new faces!

Annual Great

Hopping Egg Hunt

We will host our annual Egg Hunt on Saturday, March 21st at 10am. We need your help collecting filled plastic eggs. Eggs can be left in the office at your convenience. We also need volunteers to help spread the eggs, monitor the jumper, and help with craft tables. If you're interested, please contact Abby in the office.

Easter Lily Orders

Anyone wishing to purchase and dedicate an Easter Lily to be placed in the church for the Easter season may do so for \$12 each. Please turn in your order form by March 29th to the office or offering plate. Order forms can be found in the office or in the Sunday bulletin. Please make your check payable to Northkirk Presbyterian Church.



Northkirk

Presents

BASEBALL

Outing



FRIDAY
24
APRIL

@
6:35PM

I.E. 66ERS

VS

STOCKTON PORTS

TICKETS \$12, PARKING \$10

A sign up sheet is available at the back of the sanctuary

Please call the office

for tickets or more information.

MOMCO OF NORTHKIRK

“A MOM COMMUNITY”

One of the crafts we did at our February meetings was something we look forward to all year - Vision Boards! Before diving into this fun activity, Mentor Mom, Teri Smits gave a wonderful and moving devotional on the book of Psalms, sharing a few of her favorites. She inspired us all to read more in this beautiful book of the Bible.

A vision board is a tool used for visualizing ones goals and aspirations. It's typically a collage of images, words, and/or phrases that represent things you'd want to experience in the coming new year. It helps align dreams with reality, so a lot of reflective thought goes into it. Our MomCo moms were encouraged to look at several categories in their life including: Physical Health, Spiritual, Social, Emotional, Hobbies, Travel and Finances.

This activity fits nicely with this year's MomCo themes of: "Own your Story", "Speak Kindness", "Audacious Faith", and "Enjoy the Joy" - all centered around Luke 5 when Jesus tells Peter, who had been fishing all night not catching anything, to lower down his net on the other side of the boat and amazing things happen. The moms are excited to continue delving into these Biblical teachings!

MomCo meets on the 1st and 3rd Wednesday of every month from September - May, at 9am. The MomCo moms are always so appreciative to all of Northkirk. MomCo would like to thank everyone who has been able to attend our fundraisers. Fundraisers are vital to offsetting costs associated with MomCo operations. If you know anyone that might be interested in joining MomCo, please have them reach out to the office to connect them with a MomCo coordinator here at Northkirk.

-Nancy Kwedar





Red Robin® will give

**20% OF FOOD SALES*
BACK TO**

MOMCO OF NORTHKIRK PRESBYTERIAN CHURCH

**Show this flyer or simply mention the fundraiser to
your server to have your sales counted.**

FUNDRAISER DETAILS

12271 Foothills Blvd, Rancho Cucamonga, CA 91739

March 25, 2026*

If ordering online, please follow these instructions:

- 1** Start your order at redrobin.com/order and select the restaurant above.
- 2** In the menu, go to the category labeled "Fundraisers (To-Go Only)" and click on that item.
- 3** Click the "add" button, and then "add to bag."
- 4** Add your meal items and check out.
- 5** Arrive at Red Robin, come in, say hi, grab your food and be on your way! If your location has curbside pick-up, we can bring it to your car too!

*Fundraiser during restaurant operating hours. Visit redrobin.com and find this location to view hours.
Donation based on all eligible net dine-in and to-go food sales only. Excludes sales from catering (at select locations), 3rd party ordering and delivery sites, alcohol, gift cards, retail, tax and gratuity. Offer void if flyer is distributed in or near the restaurant during fundraiser day & hours.



Red Robin

Treasurer's Report

Treasurer's Report as of October 31, 2025
Emily Scholz, Church Treasurer

SESSION HIGHLIGHTS

Income/Expense	January	Year to Date Total
Budgeted Income	11,390.00	11,390.00
Designated Income	2,608.59	2,608.59
Budgeted Expenses	22,422.59	22,422.59
Designated Expenses	40.54	40.54
Net Operating Profit/Loss	-8,464.54	-8,464.54

Session Highlights

February's session meeting started off on a difficult note. The Personnel committee suggested to Pastor Claire to take some time off due to the difficult several months she has had. Our prayers go out to Pastor Claire in the passing of her father and the difficulties she has had since. Pastor requested leave from February 23rd to March 22nd. Pastor Lee Ireland will fill in March 1st and March 22nd. Our own Mary Brown (Mary is awesome) will preach on March 8th, and Pastor Lee Brandenburger will lead worship on March 15th.

The Lenten season was also discussed. Lent (which started with Ash Wednesday) will continue with our annual Easter Egg Hunt – The Great Hoppening – on March 21st (from 10 to noon). Please contact Abby in the office if you can help out....We need all the volunteers we can get. Then we will have our Maundy Thursday potluck and service on Thursday, April 2nd. Potluck (details to follow) will be at 5:30 and service will be at 7:00. This will be followed by Good Friday service on April 3rd at 6PM, and Easter Service on April 5th. Don't forget, Easter Sunday is the culmination of our "One Great Hour of Sharing" effort.

Thelma Campbell, our amazing Music Director, has requested to reduce her current workload (which is all volunteered!). Thelma will continue with the Choir and the Bell Choir, but decided Praise Band was a bit much. So Personnel is currently shopping for a Worship Music Leader – someone to lead the Praise Band. We are all so thankful for Thelma's continued service to our church.

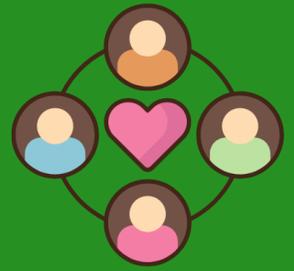
Finally, CalJas, who formerly lead the Jazz Vespers service we had at Northkirk donated several pieces of equipment to us, including a keyboard, an amplifier and a couple of speakers. Thanks to CalJas. December's session approved two upcoming congregational meetings, the first on January 18 (after church) to elect the Pastor Nominating Committee. These candidates have been forwarded to the congregation from the Church Nominating Committee. Their charge was to create a diverse committee that is representative of our congregation. The second congregational meeting will be February 22nd for the presentation of Northkirk's Annual Report.

Among the other subjects that came up was approval of the 2026 annual budget, that Life Reformed Church has withdrawn from using our facility (Life Reformed was using room 6 during Sunday mornings during our worship and have decided to disband), and updates on the great repaving job of our parking lot.

Daniel Beauvais



DEACON'S CORNER



What is Love?

Love is a COMMAND

"Love means doing what God has commanded us, and he has commanded us to love one another."

2 John 1:6 (NLT)

Love is a CHOICE/DECISION

"Go after a life of love as if your life depended on it - because it does!" 1 Cor. 14:1 (Mes)

Love is a BEHAVIOR

"Let us stop just saying we love people; let us really love them, and show it by our actions." 1

John 3:18 (LB)

Love is a COMMITMENT

"God is love. If we keep on loving others, we will stay one in our hearts with God, and he will stay one with us." 1 John 4:16 (CEV)

So, no matter what I say, what I believe, and what I do, I'm bankrupt without love." Cor. 13:3

-Written by: Pastor Richard Green

-Submitted by: Sue Sharra



HEALTHY LIVING

FAITH

FELLOWSHIP

FITNESS

FOOD

Classic Beef Stew



Photo & Recipe: www.diabetesfoodhub.org

Directions

1. Combine the all-purpose flour with the Italian seasoning. Heat the olive oil in a large Dutch oven over medium heat. Dredge the beef cubes lightly in the flour mixture and add the beef, in batches to keep the beef in one layer, until well browned on each side.
2. Remove the beef from the pan and deglaze the pan with 1/4 cup chicken broth. Add in the mushrooms and sauté for about 4 minutes until well browned. Remove the mushrooms from the pan and deglaze with another 1/4 cup of the broth. Add the onions and garlic and sauté for 4 minutes. Return the beef to the pot, add the remaining chicken broth, and bring to a boil. Partially cover, lower the heat to simmer, and cook for 45 minutes, stirring occasionally.
3. Peel and cut the potatoes into 3/4-inch pieces. Cut the carrots into 1/2-inch pieces. Add the potatoes and carrots to the stew and continue to cook for another 45 minutes or until vegetables are tender. Add in the reserved mushrooms, peas, and thyme. Season with red wine vinegar and pepper.

Nutrition Facts

1 cup: 230 calories, 8g fat (2g saturated fat), 55mg cholesterol, 135mg sodium, 18g carbohydrate (4g sugars, 3g fiber), 26g protein.
Makes 10 servings

Ingredients

- 2 tbsp flour
- 1 tbsp Italian seasoning
- 3 tbsp olive oil
- 2 lb top round cut into 3/4" cubes
- 1 1/2 lb mushrooms
- 4 cups low sodium chicken broth
- 1 large onion coarsely chopped
- 3 cloves minced garlic
- 2 large russet potatoes
- 3 medium peeled carrots
- 1 cup frozen peas
- 1 tbsp fresh minced thyme
- 1 tbsp red wine vinegar
- 1/2 tsp ground black pepper



HEALTHY LIVING

FAITH

FELLOWSHIP

FITNESS

FOOD

People in the U.S. are living longer, and the number of older adults in the population is growing. As we age, our minds and bodies change. Having a healthy lifestyle can help you deal with those changes. It may also prevent some health problems and help you to make the most of your life.

A healthy lifestyle for older adults includes:

Healthy eating. As you age, your dietary needs may change. You may need fewer calories, but you still need to get enough nutrients. A healthy eating plan includes

- Eating foods that give you lots of nutrients without a lot of extra calories. This includes fruits and vegetables, whole grains, lean meats, low-fat dairy, nuts, and seeds.
 - Avoiding empty calories, such as foods like chips, candy, baked goods, soda, and alcohol
 - Eating foods that are low in cholesterol and fat
- Drinking enough liquids, so you don't get dehydrated

Regular physical activity. Being physically active may help you maintain a healthy weight and avoid chronic health problems. If you have not been active, you can start slowly and work up to your goal. How much exercise you need depends on your age and health. Check with your health care provider on what is right for you.

Staying at a healthy weight. Being either overweight or underweight can lead to health problems. Ask your health care professional what a healthy weight for you may be. Healthy eating and exercise can help you get to that weight.

Keeping your mind active. Lots of activities can keep your mind active and improve your memory, including learning new skills, reading, and playing games.

Making your mental health a priority. Work on improving your mental health, for example by practicing meditation, relaxation techniques, or gratitude. Know the warning signs of a problem and ask for help if you are struggling.

- **Participating in activities that you enjoy.** People who are involved in hobbies and social and leisure activities may be at lower risk for some health problems. Doing things that you enjoy may help you feel happier and improve your thinking abilities.

Playing an active role in your health care. Make sure that you get regular checkups and the health screenings that you need. You should know which medicines you are taking, why you need them, and how to take them properly.

Not smoking. If you are a smoker, quitting is one of the most important things that you can do for your health. It can lower your risk of several different types of cancer, certain lung diseases, and heart disease.

Taking steps to prevent falls. Older adults have a higher risk of falling. They are also more likely to fracture (break) a bone when they fall. Getting regular eye checkups, getting regular physical activity, and making your house safer can lower your risk of falling.

Following these tips can help you to stay healthy as you age. Even if you have never done them before, it's never too late to start taking care of your health. If you have questions about these lifestyle changes or need help figuring out how to make them, ask your health care provider.

Source: Medlineplus.gov



**FREE
Event**



Fire
Engine
ME171

THE GREAT *Hopping*

Jumper

Egg Hunt

Vendors

Crafts

Goodie
Bags



SATURDAY, MARCH 21ST

10:00 AM

EGG HUNT BEGINS PROMPTLY AT 10:30 AM

NORTHKIRK CHURCH

9101 19TH ST., CUCAMONGA 91701



MARCH EVENT CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Prayer Mtg. 9 am (Rm. 2) Communion Worship Service 9:30 am	2	3 Prayer Part. 9 am	4 Bible Study 7:30 am (Coco's) MomCo 9 am	5	6 Youth Group 7:30 pm	7 Wendy Salisbury Svc. 2:30 pm
8 Prayer Mtg. 9 am (Rm. 2) Worship Service 9:30 am	9	10 Prayer Part. 9 am Committee Night 6:30 pm	11 Bible Study 7:30 am (Pastor's Office)	12 Caring Crafters 2 pm	13 Youth Group 7:30 pm	14
15 Prayer Mtg. 9 am (Rm. 2) Worship Service 9:30 am	16	17 Prayer Part. 9 am HAPPY ST. PATRICK'S DAY	18 Bible Study 7:30 am (Pastor's Office) MomCo 9 am	19	20 Youth Group 7:30 pm	21 Egg Hunt 10:00 am
22 Prayer Mtg. 9 am (Rm. 2) Worship Service 9:30 am	23	24 Prayer Part. 9 am Deacons Mtg. 6:15 pm Session Mtg. 6:30 pm	25 Bible Study 7:30 am (Pastor's Office)	26 Caring Crafters 2 pm	27 Youth Group 7:30 pm	28
29 Prayer Mtg. 9 am (Rm. 2) Palm Sunday Service 9:30 am	30	31	1 Bible Study 7:30 am (Coco's) MomCo 9 am	2 Soup Supper 5:30 pm Maundy Thursday Svc. 7:00 pm	3 Good Friday Svc. 6:00 pm	4

Prayer Partners Tuesday, 9 am, Mary Lee's home. Call Mary Lee with prayer requests or to be part of the group.

Bible Study at 7:30 am Pastor's Office, Contact Terry Switzer. First Wednesday of the month meets at CoCo's on Baseline and Haven.

Prayer Meeting Sunday, 9 am, Room 2.

3D Study - Sunday, 11 am contact Claire Schlegel 909-240-8049 *On Break*

Happy Birthday!

Elizabeth Wong	3/07
Ruth Lee	3/07
Tom Emick	3/14
Thelma Campbell	3/18
Kim Wallace	3/22

Happy Anniversary!

Dean & Dawn Collins	3/03
Tom & Paula Emick	3/21
Sue & Guy Sharra	3/30



Northkirk is collecting **Nonperishable Goods** for Inland Valley Hope Partners and for The Home of Neighborly Service in San Bernardino.

Hope Partners has a warehouse where low-income and homeless people of the Inland Valley can receive nonperishable food items. **You can also drop off grocery gift cards in the Northkirk office.**

Northkirk Presbyterian Church

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 Www.northkirk.org
 northkirkoffice@northkirk.org

Transitional Pastor

Rev. Claire Schlegel
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**Office Manager
 & Grapevine Editor
 Custodian**

Abby Thomas
 northkirkoffice@northkirk.org
 Pilar Yarur

“Living out God’s Love as we gather together and reach out.”

March Prayer Calendar

1 Discipleship	2 Nancy Kwedar	3 Mary Lee & Scarlett	4 Ruth Lee	5 John Leongson	6 Richard & Kathy McElvany	7 Holiness & Protection
8 God’s Glory	9 Eric & Nancy Michalski	10 Marion Mildon	11 Trudy Milne	12 Cathy Moody	13 Jerry Otten	14 Hope & Courage
15 Peace & Comfort	16 Jay Parvin	17 Rebecca Peters	18 Ron Purcell	19 Bob & Pat Reed	20 Judy Ross	21 Love & Compassion
22 Guidance & Direction	23 Winnie Sage	24 Schlegel Family	25 John & Ramona Schneider	26 Emily Scholz	27 Sue Sharra	28 Growth & Transformation
29 Wisdom	30 Simmons Family	31 Malcolm & Nancy Slack	1 Liza Slaughter	2 Teri Smits	3 Marty & Terri Sortillon	4 Spread of the Gospel

Deacon of the Month:
 Sue Sharra